



— CULTURE & HERITAGE · WEST SUMATRA, INDONESIA

# West Sumatra Heritage & *Hihghlands*

*A slow journey through Minangkabau culture,  
UNESCO heritage, and the dramatic landscapes of  
West Sumatra.*

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# A slow, meaningful journey through one of Indonesia's most culturally rich regions.

The West Sumatra Heritage & Highlands journey is a 9-day exploration of Minangkabau culture, highland landscapes, and UNESCO-listed heritage sites. Designed for travelers who value depth, authenticity, and a relaxed pace, the route weaves through Bukittinggi, Harau Valley, Batusangkar, and the historic mining town of Sawahlunto.

Travelers experience daily life in traditional villages, stay in Rumah Gadang homestays, explore dramatic valleys and highland lakes, and uncover Sawahlunto's colonial-era mining heritage. This journey is ideal for culture lovers and slow travelers seeking a meaningful and respectful introduction to West Sumatra beyond the usual highlights.

SLOW TRAVEL

MINANGKABAU CULTURE

UNESCO HERITAGE

ALL-INCLUSIVE

RUMAH GADANG STAY

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*A region shaped by tradition, nature, and history — revealed at a pace that lets it sink in.*

ABOUT THE JOURNEY

# The Heart of Minangkabau

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MINANGKABAU CULTURE · UNESCO  
HERITAGE · WEST SUMATRA



### TODAY'S PROGRAMME

- Arrival at Minangkabau International Airport (PDG)
- Scenic stop at Lembah Anai waterfall
- Visit Songket weaving & wood carving (Ukiran) workshops
- Arrival & check-in in Bukittinggi
- Evening exploration of Jam Gadang & the old market

DAY ONE

# Arrival at Kersik Tuo

PADANG → KERINCI HIGHLANDS

### GATEWAY TO THE HIGHLANDS

*Bukittinggi sits at 930m above sea level — a cool, cultural city surrounded by volcanic peaks and one of West Sumatra's most beloved destinations.*

 OVERNIGHT · BUKITTINGGI

## RAFFLESIA TREKKING

## TODAY'S PROGRAMME

- Breakfast at hotel
- **Rafflesia trekking**— search for the world's largest flower in its natural habitat
- Visit a Luwak coffee farm & tasting
- Arrive Simarasok & settle into the Rumah Gadang
- Traditional Minangkabau cultural experience with the host family

DAY TWO

# Rafflesia & Simarasok

LUWAK COFFEE · RUMAH GADANG  
EXPERIENCE

## THE RUMAH GADANG

Staying in a traditional Minangkabau longhouse — with its iconic curved roofline and living family culture — is one of the rarest experiences West Sumatra offers.

## ECO-LODGE STAY

## TODAY'S PROGRAMME

- Breakfast at the Rumah Gadang
- Drive to Harau Valley
- Explore Harau's dramatic granite cliffs — rising up to 150m
- Visit Harau waterfalls
- Walk through rice fields & local villages
- Check-in at Eco-Lodge

DAY THREE

## Harau Valley

WATERFALLS · CLIFFS · ECO-LODGE

## A HIDDEN VALLEY

*The Ombilin Coal Mining Heritage of Sawahlunto was inscribed on the UNESCO World Heritage List in 2019 — a remarkably intact colonial industrial landscape.*

## TODAY'S PROGRAMME

- Breakfast at eco-lodge
- **Pacu Jawi**— traditional bull racing (seasonal, if available)
- Visit **Istano Pagaruyung**— the grand royal palace of the Minangkabau Kingdom
- Explore **Pariangan**— one of the most beautiful villages in Indonesia
- Lunch & check-in near Batusangkar



DAY FOUR

# Pagaruyung & Pariangan

PACU JAWI · ISTANO PAGARUYUNG · BATUSANGKAR

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## THE OLDEST VILLAGE

*Pariangan is believed to be the ancestral origin of the Minangkabau people — a hillside village of extraordinary beauty and cultural significance.*

## UNESCO WORLD HERITAGE

## TODAY'S PROGRAMME

- Breakfast & drive to Sawahlunto
- Visit **Mbah Suro Coal Mine Tunnel**—descend into the historic colonial mine
- Explore the **Sawahlunto Train Museum**
- Walk through **Sawahlunto Old Town**—Dutch colonial architecture & heritage streets
- Check-in at Sawahlunto Heritage Hotel

DAY FIVE

# Sawahlunto

## Heritage

OMBILIN COAL MINING · COLONIAL OLD TOWN

## UNESCO WORLD HERITAGE

*The Ombilin Coal Mining Heritage of Sawahlunto was inscribed on the UNESCO World Heritage List in 2019 — a remarkably intact colonial industrial landscape.*

### TODAY'S PROGRAMME

- Breakfast at Heritage Hotel
- Scenic overland drive back to Padang
- Stops at viewpoints and local markets en route
- Arrival & check-in at Hotel Pangeran Beach, Padang
- Free time to rest, swim, or explore the waterfront

DAY SIX

## Scenic Drive to *Padang*

SAWAHLUNTO → PADANG · HOTEL  
PANGERAN BEACH

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 OVERNIGHT · HOTEL PANGERAN  
BEACH, PADANG

#### FROM MOUNTAINS TO SEA

*Hotel Pangeran Beach sits right on the Indian Ocean coastline — a beautiful contrast to the highlands, and the perfect place to recharge for the final days ahead.*

## ISLAND HOPPING

## TODAY'S PROGRAMME

- Breakfast at hotel
- Boat transfer to Mandeh Bay
- Island hopping around the Mandeh archipelago
- **Snorkeling** at Pulau Cubadak reef
- **Paddleboarding** in the calm turquoise lagoon
- Picnic lunch on the beach
- Return to Padang & evening at leisure

## DAY SEVEN

# Mandeh & Pulau Cubadak

SNORKELING · PADDLEBOARDING ·  
TROPICAL BEACHES

 OVERNIGHT · HOTEL PANGERAN  
BEACH, PADANG

## MANDEH BAY

*Often called West Sumatra's answer to Raja Ampat — Mandeh Bay's calm waters, forested islands, and coral reefs are spectacular and almost entirely undiscovered.*

## TODAY'S PROGRAMME

- Breakfast at hotel
- Drive into the highlands toward Alahan Panjang
- Visit **Danau Di Atas** (the lake above) — panoramic highland views
- Visit **Danau Di Bawah** (the lake below) — serene & surrounded by cool mountain air
- Explore the tea plantations of Alahan Panjang
- Return to Padang for the final evening

DAY EIGHT

# The Twin Highland Lakes

DANAU DI ATAS · DANAU DI BAWAH ·  
ALAHAN PANJANG

 OVERNIGHT · HOTEL PANGERAN  
BEACH, PADANG

### ABOVE & BELOW

*Danau Di Atas and Danau Di Bawah sit at over 1,500m — twin volcanic lakes surrounded by cool highland air, tea fields, and breathtaking mountain scenery.*



DAY NINE

# Padang & Departure

OLD TOWN · COASTAL CHARM · AIRPORT

## TODAY'S PROGRAMME

- Breakfast at hotel
- Relaxed morning exploring Padang's coastal charm
- Visit the historic Old Town district
- Final lunch at a local Padang restaurant
- Private transfer to Minangkabau International Airport
- Departure & farewell

## UNTIL NEXT TIME

*Nine days through the heart of West Sumatra — the culture, the landscape, and the people of Minangkabau stay with you long after you leave.*

→ END OF JOURNEY · MINANGKABAU AIRPORT

— WHAT'S INCLUDED

# Trip Inclusions

## GUIDES, CREW & EQUIPMENT

- ✓ Private transport with driver & fuel throughout
- ✓ English-speaking guide
- ✓ 8 nights accommodation
- ✓ Daily breakfast
- ✓ Selected meals as per itinerary
- ✓ Mandeh island hopping (boat & all activities)
- ✓ All entrance fees & curated cultural experiences
- ✓ Government taxes & service charges

## TRANSPORT & ACCOMMODATION

- ✓ Bukittinggi **1 NIGHT**
- ✓ Rumah Gadang, Simarosok **1 NIGHT**
- ✓ Harau Eco-Lodge **1 NIGHT**
- ✓ Batusangkar Area **1 NIGHT**
- ✓ Sawahlunto Heritage Hotel **1 NIGHT**
- ✓ Hotel Pangeran Beach, Padang **3 NIGHTS**



### TRAVEL WITH PURPOSE

*This journey is designed in partnership with local communities, ensuring fair compensation, cultural respect, and direct benefits to the regions you visit.*